

Usain Bolt's 100 metres World Record	9.58	seconds
Women's Long Jump World Record	7.52	metres
Men's High Jump World Record	2.45	metres
Basketball hoop diameter	18	inches
Basketball hoop height	10	feet
Weight of Women's discus	1	kg
Women's Discus World Record	76.8	metres
Diameter of Archery target	122	cm
Archers distance from the target	70	metres
Average speed of men's 50 km walking race World Record	8.59	mph

Men's Shot put World Record	23.12	metres
Height of Diving platform	10	metres
Men's 10km swimming 2008 Olympics winner's time	01:51:52	hr:min:sec
Men's 50m swimming 2008 Olympics winner's time	21.3	seconds
Paula Radcliffe's Women's Marathon World Record	02:15:25	hr:min:sec
Triathlon Swim (distance)	1500	metres
Triathlon Bicycle ride (distance)	40	km
Triathlon Run (distance)	10	km
Men's triathlon 2008 Olympics winner's time	01:48:53	hr:min:sec
Men's Pole Vault World Record	6.14	metres